

Jesse Favre, MSW, MBA

Workplace Well-being & Team Performance Speaker

Jesse Favre is a global trainer and public speaker on a mission to advance well-being and performance in the workplace. Through transformative and memorable speaking events, she skillfully dissects human behavior, ensuring insightful and engaging experiences.

She brings a dual Master of Social Work (MSW)/ Master of Business Administration (MBA) degree from Washington University in St. Louis and certification in Mental Health First Aid (Adult and Youth).

Before creating her training and speaking company, she spent more than a decade in the healthcare industry as a community educator, hospital leader, consultant, and strategist. During this time, she led business development and performance improvement efforts across the country and spoke nationally on patient and family engagement and continuous quality improvement.

To learn more about her work, visit www.JesseFavre.com.



SIGNATURE TOPICS

- ✓ Psychological Safety
- ✓ Stress Management
- ✓ Conflict Resolution
- ✓ Burnout Prevention
- ✓ Work/life Blend